



Helen Catanach

January 19, 2021

Helen McGrew-Catanach, age 61 of Knoxville, TN formerly of Santa Fe, NM, passed away Tuesday, January 19, 2021 at Fort Sanders Medical Center. She was a member of Sacred Heart Cathedral Catholic Church. Helen was a beloved mother and wife, who cherished quality family time. What made her happiest in life was being a good mother. Prior to being afflicted with a progressive illness, she was an active member of the Sacred Heart congregation where she served as both an usher and a Eucharistic Minister. Some of her fondest memories were the 10 years she spent working at Sacred Heart Parish Office as an administrative assistant to Rev. Msgr. Al Humbrecht. She loved to work outside in her garden and was an avid reader. She loved all animals especially dogs. She was always trying to help the underdog and the less fortunate. Her kind and generous heart will be missed by all. Helen is preceded in death by her mother and father, Juanita McGrew and James McGrew; and brother, Jamie McGrew. She is survived by her husband, Adam Catanach; daughter, Erin Catanach; sister, Sheila McGrew; and many other relatives in Knoxville, New Mexico, South Carolina, and Colorado. In lieu of flowers, the family requests that donations be made to the Foundation for Peripheral Neuropathy or Vasculitis Foundation – concentrating on Anca Vasculitis. Funeral Mass will be held 1:00 p.m. Tuesday February 2, 2021 at the Cathedral of the Most Sacred Heart of Jesus with Msgr. Al Humbrecht officiating. Arrangements made by Rose Mortuary Mann Heritage Chapel. Condolences may be extended online at www.rosemortuary.com.

The service will be streamed live at <https://www.youtube.com/user/shcathedral>

Previous Events

Funeral Mass

FEB 2. 1:00 PM (ET)

Cathedral of the Most Sacred Heart of Jesus
711 S. Northshore Drive
Knoxville, TN 37919

Tribute Wall

MR

“ I attended high school with Helen at St. Michael's and also at UNM. We first met in grade school when her mother taught us catechism. In all those years, Helen was perhaps, one of the kindest, most genuine, loveliest people I have ever known. She was a beautiful soul with always a kind word. She had the sweetest smile and always that cute giggle.

My condolences and deepest sympathy to her family and all who love her.

Melinda Lopez Robbins

Melinda Robbins - February 02, 2021 at 05:52 PM

CM

“ I remember visiting The McGrew family often during my high school years 1968-1970. My father, Silverio Martinez and Juanita's dad, J.A. Galleogs were first cousins. I was happy to hear that Juanita and I, Clara Martinez Matuszak were also cousins. Juanita would ask me over to babysit the children and sometimes for dinner. I enjoyed visiting the family.

Clara Matuszak - January 29, 2021 at 11:41 AM

JD

“ Helen was a wonderful person and devoted Catholic. She helped me out so much at Sacred Heart. My sincere sympathy to Adam and Erin. Sincerely, Jan W. Davis

Jan W Davis - January 26, 2021 at 08:44 AM